Head to Toe Assessment Validation

Student Name: _____ **Block:** _____ **Date:** _____

Instructor: _____ **Overall Validation Grade: S or U** *(circle one)*

Student Signature: _____

Directions: This rubric outlines actions that you will have to perform in order to successfully pass the Head to Toe Assessment Validation. The rubric is broken down into sections with the section topic in bold at the beginning of that section. You will receive either a Satisfactory or Unsatisfactory for each section. If you receive an Unsatisfactory for a section, you will have to remediate on content for that section and revalidate on that section ONLY. Please note though that there are a couple of situations that would require you to revalidate on the entire Head To Toe Assessment such as: If you do not meet the requirements of completing your assessment in an organized, head to toe fashion, take longer than 30 minutes to validate or are unsuccessful on more than 3 sections, you will have to revalidate on the entire Head To Toe Assessment.

Head to Toe Assessment Validation	Satisfactory S	Unsatisfactory U	Comments
Professionalism: ☐Student arrives at their scheduled validation time. Student is considered late if the instructor calls out that student's name and the student is not in the specified waiting room. ☐Student must be in WSCC scrubs and follow clinical dress guidelines ☐Arrives with black pen, penlight, stethoscope, watch and B/P cuff ☐ID badge must be visible above the waist ☐Hair neat and off neck ☐Wears appropriate jewelry ☐No sunglasses/hats/visors/etc. ☐Nails at appropriate length with no polish or acrylics ☐Tattoos must be covered, if they are potentially offensive or frightening, while student is the nurse, ☐Be prepared with STAPLED grading rubric ****If all boxes in the professionalism portion are not checked, then the student CAN NOT proceed to complete the validation process and will be required to complete a remediation activity and revalidate on the makeup validation day**** **Please circle in order for student to proceed:** **Allowed to proceed** **Not allowed to proceed**			

Initial Interaction with Patient: ☐Student identifies self, role and what they are doing. ☐Performs hand hygiene ☐Identifies 2 sources of patient identification (Name & DOB) and checks against patient's armband			
General Appearance: ☐Assess posture and position and verbalize findings ☐Assess speech for tone, clarity and pace of speech and verbalize findings. ☐ Assess to make sure content is appropriate and verbalize findings ☐ Assess client's preferred language and verbalize findings ☐Assess gait and verbalize findings			
Vital Signs: ☐Assess oral temperature and verbalize findings ☐Assess radial pulse and verbalize findings ☐Assess respirations and verbalize findings ☐Assess blood pressure manually and verbalize findings (Not required to do 2 step method) ☐Assess 02 Sat and verbalize findings			
Neuro: ☐Assess Level of Consciousness (LOC) and verbalize findings ☐Assess orientation to person, place, time and situation and verbalize findings			
Pain: ☐Ask whether or not patient is in pain ☐Verbalize what each letter of OLDCARTS means ☐ Verbalize one question for each letter in OLDCARTS			****Your Book has 2 meanings for R- please use Related Symptoms for what R means.****
Skin & Nails: ☐Inspect skin color, temperature and moisture on upper and lower extremities and verbalize findings			

☐ Inspect nails for clubbing and verbalize findings ☐ Assess capillary refill and verbalize findings			
HEENT: ☐Assess for facial symmetry and verbalize findings ☐Assess for PERRLA and verbalize findings ☐Assess EOM's by going through the 6 cardinal positions of gaze and verbalize findings ☐Inspect mouth with penlight and verbalize findings			
Neck: ☐Inspect neck for symmetry, lumps and pulsations and verbalize findings ☐ Palpate the lymph nodes of the face and neck and verbalize findings ☐Palpate carotid artery and verbalize findings			
Cardiac: ☐Auscultate heart sounds in all 5 ausculatory areas with diaphragm **AND** bell and verbalize findings			
Lungs: ☐Auscultate all lung sounds anteriorly and verbalize findings ☐Auscultate all lung sounds posteriorly and verbalize findings			
Musculoskeletal: ☐Assess hand strength bilaterally and verbalize findings ☐Assess arm strength bilaterally and verbalize findings ☐Palpate strength of radial pulse bilaterally and verbalize grade/findings ☐Assess leg strength bilaterally and verbalize findings ☐ Assess foot strength bilaterally and verbalize findings ☐Palpate pedal pulses bilaterally and verbalize grade			
Abdomen:			

☐Verbalize the correct order sequence for assessment of the abdomen. ☐ Inspect abdomen for contour, symmetry, skin characteristics, umbilicus and pulsations and verbalize findings ☐Auscultate bowel sounds in all 4 quadrants and verbalize findings ☐Auscultate with bell for vascular sounds over the aorta and verbalize findings ☐Lightly palpate all 4 quadrants of the abdomen and verbalize findings			
Closure: ☐Let the patient know you are finished and when you will be back ☐Bed rails up x2 or x3 ☐Bed in low position ☐Call light within reach			
Additional Items: ☐Student performed assessment in a systematic head to toe fashion with limited position changes. ☐ Student did not take longer than 30 minutes ☐ Student did not receive a U in more than 3 sections			